**Guided Reading Lesson Plan (Levels A-L)**

**Title:** A Good Lunch  
**Level:** A  
**ISBN:** 9781400752119  
**Publisher:** Newbridge

### Familiar Read: (3 min.)

- good
- a
- and

### Familiar Writing: (3 min.)

Word Building (3 min.):
Which two words have the same beginning sounds?
- bread, milk, meat
- good, fruit, get

### Before Reading: (5-7 min.)

- **Book Introduction:** (include meaning, structure, visual)

Look at the front cover. The title of this book is called, “A Good Lunch.” Pictures help us to understand the story. Turn and talk about the food you see on the front and back cover. Include the food inside the sandwich. Do the photos show a “good” or healthy lunch? Why or why not? Read to find out what the author says makes a “good lunch?” While you are reading, pay close attention to the pictures because we will be talking about them later.

- **Difficult Words/Vocabulary**
  - bread (2),  
  - vegetable (6),  
  - fruit (7)

### Suggested Teaching Point: (refer to Behaviors to Notice and Support)

**Good readers notice the pictures and the print.**

### During Reading: (5-10 min.)  
*Revisit the teaching point as needed.*

**Prompts to Support readers:**  
- Does it match?  
- Does it sound right?  
- Does it make sense?

### After Reading: (5-7 min.)

- **Discuss the story**

  A good lunch means a lunch that is good and healthy for them, not just a lunch that tastes good.  
  What good foods did you see in the story?  
  What did the boys eat in this story?  
  What drink did the story talk about? Is milk good for you?  
  Name a vegetable in this story. Name a fruit in this story.  
  What food in this story is part of the same food group? What is that food group called?

- Return to Teaching Point
- Comprehension Strategy Focus: connections, questions, inferences, visualizing, summarizing, synthesizing, determining importance

### Writing Connection: (5 min.)

Write a sentence about a good lunch. Draw a picture of your food to illustrate your sentence.  

* A good lunch is __________.